

## **Recommended Resources on Cultural Diversity**

### **General**

- Fadiman, A. (1997) *The Spirit Catches You and You Fall Down*. New York: Farrar, Straus and Giroux. (Hmong)
- Galanti, Geri-Ann (2015) *Caring for Patients From Different Cultures*, 5th edition. Philadelphia, University of Pennsylvania Press.
- Gardenswartz, L. and A. Rowe (1998) *Managing Diversity in Health Care*. San Francisco: Jossey-Bass Publishers.
- Gropper, R.C. (1996) *Culture and the Clinical Encounter*. Yarmouth, ME: Intercultural Press, Inc.
- Lipson, J. and Dibble, S, eds. (2005) *Culture and Clinical Care*. San Francisco, CA: UCSF Nursing Press.
- Salimbene, S. (2005). *What Language Does Your Patient Hurt In?* Amherst, MA: Diversity Resources, Inc.
- Provider's Handbooks on Culturally Competent Care. For info, call: 510-271-6663  
African American Population  
Asian and Pacific Island American Populations  
Latino Population

### **Internet Sites**

#### **Cultural Diversity in Healthcare**

[www.ggalanti.org](http://www.ggalanti.org)

Contains basic concepts, cultural profiles, case studies, links to other websites, recommended books, articles, and other information relevant to cultural diversity in health care. Information on workshops on cultural diversity is also included. **Note: all the websites listed below can be accessed directly from the "Related Links" page of this website.**

#### **The Provider's Guide to Quality & Culture**

<http://erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English>

This comprehensive website is designed for clinicians to help them provide culturally competent healthcare. It contains an interesting "Quality & Culture Quiz," as well as information on several ethnic groups, along with links and other resources.

#### **EthnoMed Home Page**

<http://ethnomed.org/>

Contains information about cultural beliefs, medical issues and other related issues pertinent to the health care of recent immigrants to Seattle, many of whom are refugees fleeing war-torn parts of the world.

### **Recommended Films**

**Note: all the websites listed below can be accessed directly from the “Resources” page of ggalanti.org.**

### **Patient Diversity: Beyond the Vital Signs**

This comprehensive training program from CRM Learning features a 20-minute video and a Leader's Guide with exercises and role-plays for 2-4 hours worth of training on the topic of cultural diversity in healthcare. For more information, go to <http://www.crmlearning.com/patient-diversity-program>.

### **Cultural Issues in the Clinical Setting – Series A and B**

The brief but dramatic vignettes are each accompanied by support materials for facilitators and participants which will be sent electronically and are included in the nominal price. The vignettes raise numerous issues around differing health beliefs and practices, conflicting values, stereotyping, overt and covert prejudices, and language barriers. The video is 70 minutes long and contains 10 vignettes.

For further info, contact: [multimedia.duplication@kp.org](mailto:multimedia.duplication@kp.org)

### **Multicultural Health Series 2**

Four vignettes, 8-1/2 to 10 minutes each. Topics include Navaho beliefs about illness & curing, the Jewish Sabbath, foreign physicians, and using a telephone interpreter line. Ethnic groups include Anglo American, Navaho, Jewish, East Indian, and Armenian.

For further info, contact: [multimedia.duplication@kp.org](mailto:multimedia.duplication@kp.org)

### **Multicultural Health Series 3**

Six vignettes, 6-11 minutes each. Topics include end of life (life support), missed appointments & folk medicine, domestic violence, refugee issues, STDs, pregnancy & fear of deportation, heart attack & economic problems. Ethnic groups include ethnic Chinese, Malaysian, Buddhist, Columbian, East Indian, Afghani, Mexican, and African American.

For further info, contact: [multimedia.duplication@kp.org](mailto:multimedia.duplication@kp.org)

### **Worlds Apart**

A Four-Part Series on Cross-Cultural Healthcare. By Maren Grainger-Monsen, MD, and Julia Haslett, Stanford University, Center for Biomedical Ethics.

Contains 4 video documentaries, each highlighting a different ethnic group, disease, and cultural issue. Comes with an excellent facilitator's guide. Videos range from 10-14 minutes each. Available from Fanlight Productions, [www.fanlight.com](http://www.fanlight.com).

## **Other Recommended Resources**

**Note: all the websites listed below can be accessed directly from the “Resources” page of ggalanti.org.**

### **CULTURAL SENSITIVITY: A Pocket Guide for Health Care Professionals**

A handy pocket reference guide to the important principles underlying culturally competent health care. Provides easy access to potential patient behaviors and beliefs that impact your success in providing care. Written by Geri-Ann Galanti. Available from Joint Commission Resources at [Available from Joint Commission Resources at http://store.jcrinc.com/cultural-sensitivity-a-pocket-guide-for-health-care-professionals-second-edition/](http://store.jcrinc.com/cultural-sensitivity-a-pocket-guide-for-health-care-professionals-second-edition/)

### **CLAStalk**

An e-mail discussion group sponsored by Resources for Cross Cultural Health Care and the DiversityRx website ([www.diversityRx.org](http://www.diversityRx.org)). Participants can raise issues, ask questions, share information and resources and network with each other around topics related to the design, delivery and evaluation of culturally and linguistically appropriate services (CLAS) in health care. To join, go to <http://lists.diversityrx.org/mailman/listinfo/clastalk-list>